



JOURNEY SCHOOL



Where education is a journey, not a race.

JOURNEY SCHOOL – Covid-19 Plan to Support Safe In-Person Learning

1. Original plan formally approved by Orange County Health Care Agency on 2.24.21 for school reopening purposes

2. Approved and/or revised by Journey School Council on 2.25.21, 3.25.21, 4.22.21, 5.27.21, 6.22.21, 8.12.21, 8.30.21, 9.23.21, 10.28.21, 1.28.22, 2.24.22, 3.24.22, 4.28.22, 6.1.22, 9.22.22, 5.25.23

Journey School is committed to providing safe and healthy in-person learning environments for all students and staff. The various methods and strategies detailed herein will serve to decrease COVID-19's impact on our health and well-being. This plan is aligned with recommendations from the California Department of Public Health (CDPH) and Journey School will continue to monitor guidance from CDPH health officials to adjust this plan accordingly.

VACCINATIONS

Vaccinations prevent illness by working with the body's natural defenses to help safely develop immunity to disease. Not only do vaccinations provide individual-level protection, but high vaccination coverage reduces the burden of disease in schools and communities and may help protect individuals who are not vaccinated or those who may not develop a strong immune response from vaccination.

- California strongly recommends that all eligible individuals get vaccinated against COVID-19 and remain up-to-date to protect oneself and reduce transmission of the virus.
- COVID-19 vaccinations are not currently required for students.
- COVID-19 vaccinations are not currently required for school staff.

COVID-19 TESTING

Testing remains a key mitigation layer to detect and curb transmission of COVID-19. Journey School will ensure access to COVID-19 testing for students and staff.

- Testing is recommended for students and staff members in the event of COVID-19 exposure OR as required to attend various field trips/overnight excursions sponsored by the school. This requirement may vary and depend on the specific camp outfitter and or location of the camps. Test kits will be made available to students.
- Additionally, testing should be considered when engaging in activities that might result in [high-risk exposures](#) (e.g., large gatherings, travel). Such activities may occur more often during major breaks from school (e.g., summer, winter, spring).
- Journey School may adopt additional or different COVID-19 testing cadences for students and staff as supported and guided by the State.

OPTIMIZING INDOOR AIR QUALITY

The risk of getting COVID-19 is greater in indoor settings with poor air quality. Effective ventilation and filtration can curb the spread of COVID-19 and other infectious diseases.

- Ventilation will be optimized through hospital grade air filters (provided by CUSD). These filters will be changed quarterly.
- Each classroom and office spaces are equipped with portable air purification devices.
- Doors and windows will remain open to the greatest extent possible to maximize air flow.

FACE COVERINGS

Masks, particularly [high-quality and well-fitting masks](#) (PDF), remain highly effective, inexpensive, and are dynamic tools to protect oneself and mitigate transmission of COVID-19 and other respiratory pathogens.

The CDPH no longer provides guidance for face mask use, however the following is recommended for use:

- Wear a mask around others if you have respiratory symptoms (e.g., cough, runny nose, and/or sore throat)
- If you are recovering from COVID-19, wear a mask for 10 days.
- If you've had a significant exposure to someone who has tested positive for COVID-19, wear a mask for 10 days.

Face coverings will be available at the school site for all staff, students, volunteers and visitors who request a face covering.

PHYSICAL DISTANCING

There are no physical distancing requirements indoors or outdoors for individuals on campus.

MAINTAINING CLEAN HANDS and RESPIRATORY ETIQUETTE

Hand hygiene can prevent the spread of infectious diseases, including COVID-19.

- Journey teaches and reinforces proper handwashing to lower the risk of spreading viruses, including the virus that causes COVID-19.
- Journey ensures adequate supplies to support hand hygiene behaviors, including soap, tissues, no-touch trashcans, and hand sanitizers with at least 60 percent alcohol for staff and children who can safely use hand sanitizer.

- Journey teaches and reinforces respiratory etiquette for covering [coughs and sneezes](#) to help keep individuals from getting and spreading infectious diseases, including COVID-19.

COVID-19 SCREENING AT HOME

Families are encouraged to screen students each day for signs of fever, illness or symptoms. Any student with a fever of 100.4 F or higher should not arrive at Journey School.

- Absences related to personal illness, quarantine, and COVID-19 illness or symptoms will be excused.
- Staff members are required to self-screen. If staff members are experiencing COVID-like symptoms, they should stay home and contact administration.
- Anyone who has been diagnosed as COVID-19 positive within the past 14 days should notify administration.



HEADACHE



TEMPERATURE



COUGH



SORE THROAT

COVID-19 Symptoms

- | | | |
|---|----------------------------|------------------------------|
| • Fever 100.4 or higher in the last 24 hours | • Muscle or body aches | • Nausea or vomiting |
| • Cough | • Headaches | • Diarrhea |
| • Shortness of breath or difficulty breathing | • Sore throat | • New loss of taste or smell |
| • Chills/unexplained fatigue | • Congestion or runny nose | |

POSITIVE CASES

Prompt management of students and staff members diagnosed with COVID-19 can prevent further spread and, in some cases, allow for early treatment. For the following timelines, day 1 is the first day following the onset of symptoms or, if no symptoms develop, the day following the first positive test.

- Students and or staff members who test positive for COVID-19 must quarantine/isolate for 5 days, but may leave isolation and return to school after the conclusion of the 5th day, if they are feeling well, symptoms are improving and they have been fever-free for 24 hours without the use of fever-reducing medications.
- If a fever persists, isolation must continue past day 5 and the individual may not return to school until 24 hours after the fever resolves.
- If other symptoms other than fever are not improving, individuals may not return to school until their symptoms are resolving or any time after day 10 (no fever).

- Use of a face covering is strongly recommended until day 10

EXPOSURE

Addressing exposures to infectious diseases, including COVID-19, can allow for rapid testing, early treatment, and prevention of further spread.

- Journey will send a general notification to the entire school community during times of elevated community transmission of COVID-19. This communication can alert all to the increased potential of being exposed to COVID-19 due to a rise in cases among school and community members and remind all to monitor for symptoms and get tested.
- Journey will send specific notifications to individuals with known exposure to person with COVID-19 on campus. Those individuals should follow recommendations listed in of CDPH's guidance for the general public. If they remain without symptoms, students and staff members may continue to take part in all aspects of K–12 schooling including sports and extracurricular activities.

MANAGING OUTBREAKS

In the event of an outbreak of COVID-19, Journey will implement a plan of action in coordination with the CDPH. Broad disruptions to in-person learning, such as temporary school or classroom closures, due to COVID-19 should remain a last resort and considered only after all available resources have been exhausted, and only after conferring with local health officials.

CLEANING and DISINFECTION

Journey School will clean and sanitize the following at least once daily: Desks and chairs, keyboards, phones, copy machines, door handles, handrails, restroom surfaces, sink handles, light switches, lunch tables, kitchens and food preparation areas.

ADDITIONAL CONSIDERATIONS

- Considerations for students with disabilities or other health care needs: When implementing this plan, Journey will carefully consider how to address the legal requirements related to provision of a free appropriate public education and requirements to reasonably accommodate disabilities, which continue to apply.
- Case reporting: Journey School is required to report school related COVID-19 cases to the Orange County Health Care Agency (OCHCA). The Journey School nurse is the liaison with the local health department for contact tracing and investigation.
- Volunteers: Volunteers are welcome to provide support on campus when school is in session, so long as volunteer protocols are followed. Please see the Journey School Volunteer Policy for further information on becoming a volunteer and requirements prior to volunteer service.
- School Events: School events are open to parent/guardian attendance and participation. COVID-19 tests are not required for participation. However, families are encouraged

to screen for signs of fever, illness or symptoms prior to a school event and it is expected that individuals, who are symptomatic or recently exposed to COVID-19, will remain at home.